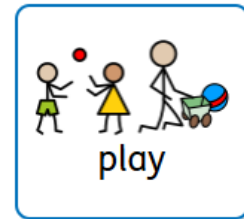
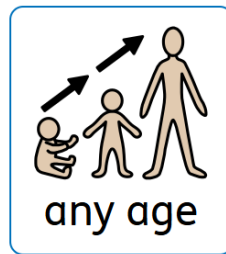
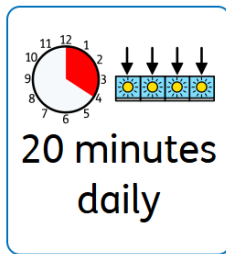
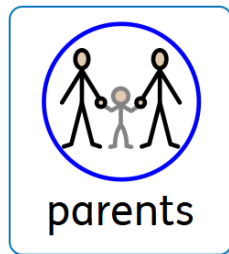




Why is play important?

Play is a child's way of being in the world and it starts from the moment they are born. Through play children have the opportunity to learn about themselves and the world around them.



Play is important for parents too!

Despite the increasing pressures of modern life, finding time to play with your child is a great opportunity for both of you to benefit from the shared experiences that helps strengthen the bond between parent and child.

Make time for play – everyday!

Good quality play needn't cost anything except time. Try setting aside 20 minutes each day that are free from distractions such as the phone, where you and your child can be relaxed in each others company. Why not ask your child to choose a time for this to happen.

Let your child lead!

Play is a child's world so it's important to let them take the lead. Listen to your child and try not to take control of things. Take time to think about how you used to play as a child, this is a chance to rediscover those simple pleasures over again. Don't feel that you have to be in charge of the play.

Play is good for any age!

Age is no limit! Play is key to help build essential skills that will support children as they grow up. Play will help children to improve social, communication and problem-solving skills, supports creativity as well as discover a world beyond themselves. Play creates bonds, shared memories and traditions between generations.

Useful links

Play Development Services: <https://calderdalelocaloffer.org.uk/services/play-development-service>

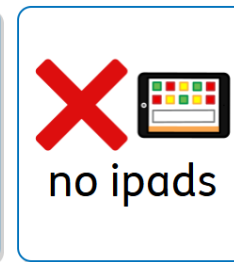
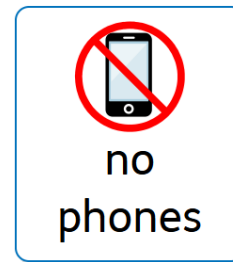


50 things to do: www.50thingstodo.org

Device Free Time

Establishing device-free time for parents is beneficial for both parents and children, promoting mental well-being, enhancing family connection, and modeling healthy technology habits.

It involves creating designated periods where screens are put away, encouraging face-to-face interaction, and engaging in alternative activities and play.



Beech Hill School
"Learning Without Limits"





local walk



cardboard
box creations



dress up



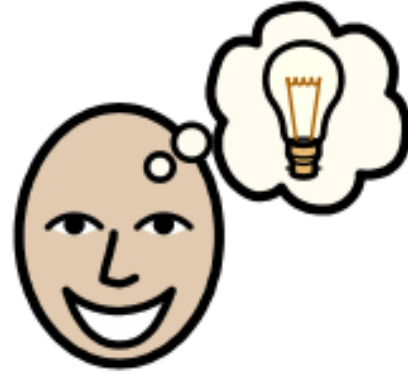
den building



wood walk



bubbles



ideas of play



bug hunt



dance party



bike ride



teddy bears'
picnic



chalk art



water
painting



obstacle
course



imaginary
play

What does your child
want to do?

What is your child
interested in?

Useful links:

[https://www.nidirect.gov.uk/articles/children
s-play-activities](https://www.nidirect.gov.uk/articles/children-s-play-activities)

[https://www.maketime2play.co.uk/play-
ideas/](https://www.maketime2play.co.uk/play-ideas/)

[https://www.unicef.org/northmacedonia/pla
y-based-learning-activities-children-aged-3-
10](https://www.unicef.org/northmacedonia/play-based-learning-activities-children-aged-3-10)