

## Personal Development – Y3

Focus	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Keeping Safe	E-Safety Fire Safety – Bonfire Night		Safer Internet Day			<b>Water Safety</b> – Open water. Road safety Keeping safe at home
Community	School Council Elections Art Ambassador applications. Harvest Festival – Food donations Community fridge/Ebenezer Church Family Challenge	Christmas Fair Children in Need Remembrance Day/Poppies Reindeer Run and Christmas Jumper day - Overgate Hospice Family Challenge Stars in our Schools	Family Challenge	Easter competition Family Challenge Earthquake Appeal – Islamic Relief	Family Challenge	Family Challenge Refugee Week Activities
Parental Engagement	Coffee morning Parents Information Session	Coffee morning Parents' Evening	Coffee morning Parent Lunch	Parents' Evening Coffee morning Stay and Read Make a gift	Coffee morning Managing Difficult Behaviour	Parents' Evening Coffee morning Refugee week: - Art - Dance - Cricket - Poetry - Music - Family learning craft - cooking Refugee family breakfast Sports Week -Parents invited
PSHE and RSE	Jigsaw Curriculum: Being Me in My World <ul style="list-style-type: none"> <li>Setting personal goals</li> <li>Self – identity and worth</li> <li>Positivity in challenges</li> <li>Rules rights and responsibilities</li> <li>Rewards and</li> </ul>	Jigsaw Curriculum: Celebrating Differences <ul style="list-style-type: none"> <li>Families and their differences</li> <li>Family conflict and how to manage it</li> <li>Witnessing bullying and how to solve it</li> </ul>	Jigsaw Curriculum: Dreams and Goals <ul style="list-style-type: none"> <li>Difficult challenges and achieving success</li> <li>Dreams and ambitions</li> <li>New challenges</li> </ul>	Jigsaw Curriculum: Healthy Me <ul style="list-style-type: none"> <li>Exercise</li> <li>Fitness challenges</li> <li>Food labelling and healthy swaps</li> <li>Attitudes towards drugs</li> </ul>	Jigsaw Curriculum: Relationships <ul style="list-style-type: none"> <li>Family roles and responsibilities</li> <li>Friendships and negotiation</li> <li>Keeping safe online and who</li> </ul>	Jigsaw Curriculum: Changing Me <ul style="list-style-type: none"> <li>Challenging my ideas</li> <li>Preparing for transition</li> <li>Importance of sleep</li> </ul>

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	<p>consequences</p> <ul style="list-style-type: none"> <li>Responsible choices</li> <li>Seeing things from others perspectives</li> </ul>	<ul style="list-style-type: none"> <li>Recognising how words can be hurtful</li> <li>Giving and receiving compliments</li> </ul> <p><b>Other:</b></p> <ul style="list-style-type: none"> <li><b>Anti-Bullying Alliance-</b> Odd Socks Day</li> <li><b>Young Minds-</b> Hello Yellow- World Mental Health Day</li> </ul>	<ul style="list-style-type: none"> <li>Motivation and enthusiasm</li> <li>Recognising and trying to overcome obstacles</li> <li>Evaluating learning processes</li> <li>Managing feelings</li> <li>Simple budgeting</li> </ul> <p><b>Other:</b></p> <ul style="list-style-type: none"> <li><b>Aspirations Day</b></li> </ul>	<ul style="list-style-type: none"> <li>Keeping safe and why it's important online and off line scenarios</li> <li>Respect for myself and others</li> <li>Healthy and safe choices</li> </ul>	<p>to go to for help</p> <ul style="list-style-type: none"> <li>Being a global citizen</li> <li>Being aware of how my choices affect others</li> <li>Awareness of how other children have different lives</li> <li>Expressing appreciation for family and friends</li> </ul>	<ul style="list-style-type: none"> <li>Dental Hygiene</li> </ul>
<b>Protected Characteristics</b>	Sex, Religion, Race, Age (Jigsaw lessons) Religion (RE)	Age, Marriage, Being Pregnant, Disability, Race, Religion, Sex (Jigsaw lessons)  Religion (RE), Age (Internet Safety, Topic), Gender (Topic)			Marriage( Jigsaw) Religion (Topic)	
<b>SMSC and British Values</b>	Democracy – School Council Elections  Values - Honesty	Values – Tolerance and Respect  Christmas celebrations	Values – Determination and Perseverance	Values - Appreciation	Values - Friendship  Coronation Celebrations	Value -Kindness
<b>RE</b>  Blue indicates assemblies around festivals	How do jews remember God's covenant with Abraham and Moses?  3:1 Judaism  Harvest Festival Rabi- Ul-Awwal Rosh Hashanah	What is spirituality and how do people experience this?  3:2 Christianity, Judaism, Islam & Sikhism  Diwali Christmas	What do Christians believe about a good life?  3:3 Christianity  Chinese New Year Shrove Tuesday Ash Wednesday	What do the creation stories tell us?  3:4 Christianity, Judaism, Islam, Sikhism and non-religious perspectives.  Easter	Who can inspire us?  3:5 (additional unit) Christianity, Judaism, Islam, Sikhism and non-religious perspectives.  Vesak	Hajj/Eid ul Adha

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				Ramadan Eid ul Fitr		
<b>Health and Wellbeing</b>	Sports day Daily Mile Active breaks	<b>Young Minds-</b> Hello Yellow- World Mental Health Day Daily Mile Active breaks	Daily Mile Mental Health Week Active breaks DT- Healthy eating	Daily Mile Active breaks	Daily Mile Active breaks	Sports Week <ul style="list-style-type: none"> <li>• Importance of sleep</li> <li>• Dental Hygiene</li> </ul> Daily Mile Active breaks
<b>Cultural Capital</b>	<b>Black History Month</b> (October)	Cinema Trip Roman day	Dinostar workshop	World Book Day	Trip to the Minster	Murton Park