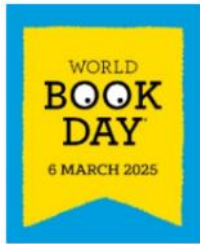




BEECH HILL NEWS



Friday 14th February



World Book Day - Thursday 6th March

World Book Day is fast approaching and we wanted to let you know how we will be celebrating at Beech Hill School.

Fancy dress - On Thursday 6th March your child is invited to come dressed as a book character for the day. We particularly love any home-made aspects of fancy dress and it would be great to see this on the day!



Stay and Reads - Throughout the week we will be holding various stay and reads for children and their parents in Reception and Lower School (Years 1-3) to enjoy a book together.

Monday 3rd March: Reception - 8.45am until 9.30am
Tuesday 4th March: Year 1 - 8.45am until 9.30am
Wednesday 5th March: Year 2 - 8.45am until 9.30am
Thursday 6th March: Year 3 - 2.30pm until 3pm

Design a book token competition - Upper School children (Years 4-6) will be designing a book token for a national competition: they will be provided with time throughout the week and winners will have their design made into a book token for everyone in their class! We will have our own in-school winners too - they will win book tokens to spend at our book fair!

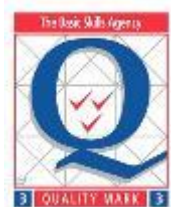


Book Fair - We will be hosting our very own Scholastic Book Fair Friday 7th - Friday 14th March. Children will be invited to browse and purchase books during school time. We will also be open after school for parents wanting to choose with their child. Every book purchased will help fill our library and classrooms with books too!



Book tokens - Every child will receive a free World Book Day token to use to purchase a free book in many shops as well as in our school book fair.

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School Pick-Up

When collecting your children from school, please ensure that you supervise them at all times.

Please do not allow them to run off around the playground, play on any of the equipment and do not leave them unattended.

This is for their own safety and for the safety of others.

Thank you for your co-operation.



Police Visit

Recently, the children in nursery and reception were very excited to meet our special visitors. They had great fun sitting in the police van, listening to the siren and trying on the police outfits. The children learnt that they can always ask a police officer for help, that they must always wear a seatbelt when travelling in the car and that they should hold an adult's



hand when crossing the road.



Thank you to the police for coming!

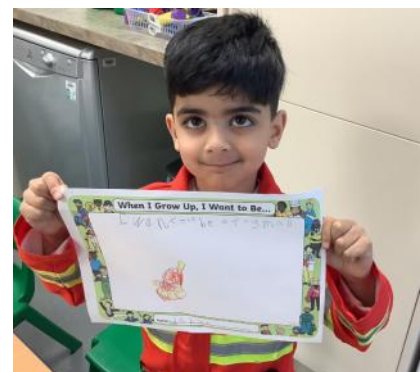
Attendance Update

(03.02.2025 to 07.02.2025)

Group	% Attend
Halifax 1	93.8
Halifax 2	98.3
Halifax 3	92.8
Northern Ireland	98.3
Wales	92.7
Scotland	96.7
Switzerland	95.9
Jordan	97.1
Canada	95.2
Mexico	94.1
Morocco	95.6
South Africa	83.8
Australia	95.3
France	90.3
Singapore	98.6
Denmark	95.7
Tanzania	92.5
Egypt	98.4
Totals	94.6

Aspirations Day—Nursery and Reception

This week Nursery and Reception had their 'Aspirations Day'. The children came to school dressed as what they want to be when they're older and learnt all about different kinds of jobs. We are sure you will all achieve your dreams if you keep working hard at school!



Neurodiversity Celebration Morning

We are proud to be supporting **Neurodiversity Celebration Week 2025!**



Depending on how our brains are wired we think, move, process information and communicate in different ways. Many people around the world use neurodiversity as an umbrella term used to describe alternative thinking styles such as Autism, DLD (Developmental Language Disorder) Dyslexia, DCD (Dyspraxia), Dyscalculia, and ADHD. But regardless of labels, neurodiversity is about recognising and celebrating those who think differently.

On **Friday 21st March from 8.50am until 10am** we will be holding a coffee morning style event that is about celebrating the incredible strengths and talents of neurodivergent individuals as well as taking part in some fun and engaging activities as a family.

To book a place for £1, please use Parent Pay from Monday 3rd March.

Together, we can create a more inclusive world that understands and champions neurodiversity in all its forms.



Year 4 Parent Lunch

A huge thank you to all the year 4 parents that came into school this week to have lunch with their child. It was lovely to see the children spending time with their families in school and enjoying their lunch together. It was great to see some of the children and their parents discussing the sticky knowledge questions on the projector whilst having lunch. We hope you all enjoyed it as much as we did!



Songs from Home

Once again, we welcomed Daniel and Dickon from Music for the Many into school for Songs From Home. It was another lovely opportunity to share songs, music and dance from our diverse cultural heritages. Thank you to all those who attended - we are looking forward to this group being part of our musical celebration evening on Tuesday 25th February.



Aid Fundraiser for Palestinian and Syrian Refugees in Jordan

Following on from our parent governor, Khizra Khan's visit last week, we are pleased to announce that the non-uniform day raised **£1230!** Thank you for your support!

We wish Khizra all the best on her trip, and we will be welcoming her into school again after she returns back to the UK to share her experiences with the children.

If anybody would like to donate, you can follow the link below:

[Khizra's Aid Fundraiser](#)



Dinner Menu w/c 24th February 2025

If you require an allergy list please email kitchen@beechhillschool.co.uk

1	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Meal Option	Battered Chicken Steak 1, 3, 4, 5, 10	Homemade Chicken Pulao Rice 4	Cod & Parsley Fishcakes 2 Parsley Sauce 5, 10	Homemade Mexican Chicken Enchiladas 5, 10 Peri-Peri Shredded Chicken 4, 5	Pizza 5, 10
	Cheese & Onion Rolls 3, 5, 10, 12	Homemade Vegan Meatball Curry 4 Rice	Homemade Vegan Spaghetti Bolognese 4, 5	Spicy Bean Burgers 5	Spinach & Ricotta Ravioli 3, 4, 5, 10, 12
Vegetables	Potato Wedges Spaghetti 5	Ziggy Fries Broccoli Sweetcorn	Chips Peas Carrots	Potato Smiles Sweetcorn Cauliflower	Potato Cubes 5 Beans Mixed Veg
Served Daily	Jacket Potatoes with various fillings Salad Bar Selection of Sandwiches Allergies for the daily items available on request				
Dessert	Jam Doughnuts 4, 5, 10, 12, 14	Treacle Sponge 5, 10, 12 Custard 10	Carrot Cake 5, 10, 12	Choc Chip Sponge 5, 10, 12 Custard 10	Assorted Fresh Baking 5, 10, 12
	Assorted Biscuits 5, 10, 12	Angel Delight 10	Crispy Buns 5, 10	Jelly	Strawberry Ice Cream 10

National Online Safety - Weekly Information

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit nationalcollege.com for further guides, hints and tips for adults.

Top Tips for... MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

Buy Milk

GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



DEVICE BOX

The National College



National Online Safety

#WakeUpWednesday

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